

## Adventures Unlimited Scotland CIC: Risk Assessment

Activity	Location	Nature of Group	Undertaken by	Date
Gorge walking	Any	Any	S.Sims	March 2013

Hazard: What could go wrong?	Who to?	Control: What can be done about it?	System: How do you make sure that the control happens?
Injuries from falling rocks/slipping	All taking part	Appropriate footwear and Helmets worn by all taking part. Ropes available if required. Adequate instructor/participant ratio relevant to needs of group	Briefing, helmets and boots supplied. Ropes carried.
Water hazard		Wetsuits and buoyancy aids worn	Appropriate equipment issued
Flash Floods		Reference to weather forecast, Awareness of risk of flooding in location, ensure escape route available. Route card/Time of return left at base.	Preparation, weather forecast, route card left with responsible adult. Means of summoning help available.
Hypothermia		Adequate clothing and equipment used. Group briefed on need to maintain body warmth, awareness of symptoms, buddy system.	Briefing, clothing issued, supervision, shelter, hot drinks and spare clothing available. Escape route.
Foot/limb entrapment in rocks		Briefing, buddy system, adequate footwear, care when swimming in currents, keep feet up.	Choice of venue. Briefing
Submerged Rocks		Briefing. No jumping into unknown pools, lower in and wade.  Date of review: 26/04/15	Briefing, local knowledge  Reviewed by: S.Sims

