

Adventures Unlimited Scotland CIC: Risk Assessment

Activity	Location	Nature of Group	Undertaken by	Date
Canoeing/Kayaking	Caledonian Canal/sheltered sea loch/Moray/Cromarty Firths	Disabled/ able bodied young people	S.Sims	March 2013

Hazard: What could go wrong?	Who to?	Control: What can be done about it?	System: How do you make sure that the control happens?
Injuries whilst loading/unloading canoes/kayaks from trailer or carrying boats	All taking part	Sufficient helpers to lift each boat Appropriate lifting techniques used Ensure all helpers aware when boats moved to avoid trapping fingers etc	Staff training Good communication
Water quality	All taking part	Avoid contaminated water by liaison with canal staff Ensure pupils wash hands after activity Procedure to avoid Weils Disease	Safety briefing Staff training
Injuries from paddles	All taking part, esp. V.I pupils	Helmets worn by pupils when appropriate (helmets available to adults)	Safety briefing Staff training
Capsize	All taking part	Thorough briefing and 'dry run' practice before starting session. Raft canoes/kayaks where necessary Adequate safety support depending on location Buoyancy Aids/Life jackets worn by all participants. Capsize briefing/practice as appropriate Appropriate means of summoning assistance available	Safety briefing Staff training Mobile phone/VHF/Shore support Itinerary left with responsible adult

Hypothermia	All taking part	Adequate protective clothing for prevailing conditions First Aid/Group shelter/Spare clothing/hot drinks available	Safety briefing Emergency Equipment available Staff training
Canal Locks	All taking part	Avoid area within 10m of lock gates. Safety Briefing Liaison with lock keepers during lock opening times	Safety Briefing Liaison with canal staff Adequate supervision
Other water craft (esp in Canals)	All taking part	Keep careful lookout for other boats in canal Move group to one side if boats approach. Date of Review: 26/04/15	Safety Briefing Liaison with canal staff Adequate supervision Reviewed by: S.Sims